44th National Patient Meeting
Celebrating AAKP’s 50th Anniversary

AAKP National Patient Meeting
September 6 - 8, 2019
WASHINGTON, D.C.

Driving Innovation & Changing the Status Quo

A Legacy of Patient Engagement & Advocacy

September 6 - 8, 2019
Hyatt Regency Washington on Capitol Hill
Washington, D.C.

American Association of Kidney Patients | The Independent Voice of Kidney Patients Since 1969™
THE AAKP IS PLEASED TO HOST ITS **44**TH **ANNUAL NATIONAL PATIENT MEETING** - CELEBRATING THE ASSOCIATION’S **50**TH **ANNIVERSARY** - **IN OUR NATION’S CAPITAL**!

The AAKP is the oldest and largest, fully independent kidney patient organization in the U.S. The 2019 National Patient Meeting is a milestone event for AAKP as the Association is celebrating its 50th Anniversary. This convention will culminate a year of coordinated activities that will have celebrated AAKP’s Founders, history, and a legacy of patient engagement.

Throughout the three-day event, attendees can participate in a variety of general and breakout sessions, social events and an extensive exhibit hall filled with renal-related companies and fellow non-profit organizations all aimed at helping you understand and manage your care and live your best life.

AAKP is continuing to offer our popular Lunch with the Experts session on both Friday and Saturday of convention. These roundtable discussions provide attendees with the opportunity to speak with and learn, on a more one-on-one basis, with an expert patient or healthcare professional.

This year’s meeting will be one of the most exciting, relevant and educational programs as AAKP marks this historic year. For more information or to register, please call AAKP at (800) 749-2257 or visit us online at [www.aakp.org/national-patient-meeting](http://www.aakp.org/national-patient-meeting).

**WE LOOK FORWARD TO SEEING YOU IN WASHINGTON D.C.!**

Richard Knight
President, AAKP Board of Directors
Transplant Recipient
**LOCATION**
Hyatt Regency Washington on Capitol Hill
400 New Jersey Avenue NW
Washington, D.C. 20001

**DATES**
The AAKP Registration Booth is open Thursday, Sept. 5 from 1:00 p.m. - 5:00 p.m. for early check-in. Meeting is Sept. 6-8.

**ROOM RESERVATIONS**
*Make your hotel reservations now!* Rooms at the **Hyatt** are available for only $159 per night for single and double occupancy (plus applicable taxes). To make reservations, call *(877) 803-7534* and identify yourself as an AAKP Meeting Attendee to receive the preferred rate. You may also book your hotel room online at [www.aakp.org/national-patient-meeting](http://www.aakp.org/national-patient-meeting). Please make your reservations as early as possible as the meeting hotel has sold out in past years. **Deadline to receive the preferred rate ends August 16, 2019, or until the room block is full, so please make your reservations early!** Once the room block is full and/or the deadline has passed, rooms will be available at the hotel’s going rate.
**GETTING TO THE HOTEL**

*Union Station (Amtrak’s headquarters):*
3 blocks/8-minute walk

*Reagan National Airport (DCA):*
5 miles/15 minutes by car

*Washington Dulles International Airport (IAD):*
31 miles/40 minutes by car

*Baltimore Washington International Thurgood Marshall Airport (BWI):*
35 miles/50 minutes by car

**PARKING**

Self-parking is not available at the Hyatt Regency Washington. Valet parking is $33 for 0-2 hours; $46 for 2-10 hours; and $62 ($66 for oversized vehicles) for 10-24 hours*.

*Overnight rates include in-and-out privileges.

**DIALYSIS**

DaVita, Inc. and Fresenius Medical Care Patient Travel Services are providing dialysis treatments for those needing this service. Attendees are solely responsible for scheduling and paying for their dialysis treatments. *Please be advised, scheduling for facilities is based on availability. Attendees requiring dialysis are encouraged to make their arrangements prior to August 1 and MUST identify themselves as an AAKP Meeting Attendee when making arrangements.*

For registered meeting attendees using DaVita or Fresenius Medical Care Patient Travel Services; transportation to and from dialysis from the meeting hotel (The Hyatt Regency Washington) is provided by AAKP. If an attendee misses the provided transportation to their dialysis treatment, the attendee is responsible for finding and paying for their own transportation to and from the dialysis facility. *AAKP can only guarantee transportation for patients who make their dialysis appointments by contacting one of the providers listed and are assigned to the dialysis units selected for AAKP meeting attendees.* Each dialysis provider will provide patients with a detailed schedule of their dialysis appointment including the specific time and location to meet their transportation.

**DaVita, Inc.**
Customer Care Representative
(800) 400-8331, and select Option #2

**Fresenius Medical Care - NA**
Toi Taplin, 866-4 DIALYSIS (866-434-2597)
Peritoneal Dialysis and Home Hemodialysis
Supplies can be shipped directly to the hotel. Label boxes with guest name and “AAKP Patient Meeting Attendee Medical Supplies.”

The Hyatt is waiving all hotel fees for attendee medical supply boxes. To ensure you will not be charged, please label boxes appropriately. AAKP is not responsible for any charges for mislabeled boxes.

CONTINUING EDUCATION CREDITS
Approximately ten Continuing Education (CEs) credits will be available for social workers, dietitians, technicians and registered nurses pending approval from the accrediting agencies. For additional information please contact AAKP at (800) 749-2257, option 7 or visit www.aakp.org/national-patient-meeting for information on CE credit approval.

ARE YOU STICKING AROUND DC AFTER THE AAKP NATIONAL PATIENT MEETING? DO YOU HAVE EXPERIENCE WITH GOUT?
The Alliance for Gout Awareness is hosting a discussion on living with and managing gout.

Sunday, September 8
12:30 p.m. - Registration and Lunch Available
1:00 p.m. - 2:30 p.m. - Program

Liaison Hotel
Hub/Grid Room
415 New Jersey Ave NW
Washington, DC 20001

Complimentary lunch and parking will be provided.

Register online (FREE!): https://www.goutalliance.org/events/2019/6/29/patient-empowerment-forum-dc

For any questions, please email Josie Peterson at jpeterson@allianceforpatientaccess.org or call (701) 373-5845.

This event is not part of AAKP’s National Patient Meeting, though AAKP is a partnering organization of the Alliance to raise awareness of this educational opportunity. AAKP is a proud member of the Alliance for Gout Awareness.
### AAKP MEETING AGENDA

**Black - General Session / Blue - Breakout Session A / Green - Breakout Session B / Red - Breakout Session C**

*Agenda may be subject to change*

<table>
<thead>
<tr>
<th>TIME</th>
<th>EVENT / SESSION</th>
</tr>
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<tbody>
<tr>
<td><strong>FRIDAY, SEPTEMBER 6</strong></td>
<td></td>
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<tr>
<td>7:00 a.m. – 4:00 p.m.</td>
<td>Registration</td>
</tr>
<tr>
<td>7:00 a.m. – 8:30 a.m.</td>
<td>Exhibit Hall Open/Continental Breakfast</td>
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<tr>
<td>8:30 a.m. – 8:45 a.m.</td>
<td>Convention Welcome</td>
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<tr>
<td>8:45 a.m. – 9:15 a.m.</td>
<td>General Session: Changing the National Landscape of Kidney Care</td>
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<tr>
<td>9:15 a.m. – 10:15 a.m.</td>
<td>General Session: Patient Engagement &amp; Federal Cabinet Agencies - Opportunities to Serve Your Fellow Patients</td>
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<tr>
<td>10:15 a.m. – 11:15 a.m.</td>
<td>General Session: Trending Today: Technology and Developments that Impact Your Care</td>
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<tr>
<td>11:15 a.m. – 12:15 p.m.</td>
<td>General Session: Advancements in Kidney Care: What the Future Holds</td>
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<tr>
<td>12:15 p.m. – 12:30 p.m.</td>
<td>Break</td>
</tr>
<tr>
<td>12:30 p.m. – 1:30 p.m.</td>
<td>Lunch with the Experts <em>(see list of table topics on page 11)</em></td>
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<tr>
<td>1:30 p.m. – 1:45 p.m.</td>
<td>Break</td>
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<tr>
<td>1:45 p.m. – 2:30 p.m.</td>
<td>Breakout Session A: Advancements in Diabetes Management</td>
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<td>Breakout Session B: Transplant First: Understanding Pre-emptive Transplantation</td>
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<td>Breakout Session C: The Connection between Heart Disease and Kidney Disease</td>
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<tr>
<td>2:30 p.m. – 2:45 p.m.</td>
<td>Break</td>
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<tr>
<td>2:45 p.m. – 3:30 p.m.</td>
<td>Breakout Session A: An Update on Hypertension Management</td>
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<td>Breakout Session B: KidneyWorks: Employment Options and Programs</td>
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<td>Breakout Session C: Understanding Acute Kidney Injury and Possible Long-term Effects</td>
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<tr>
<td>3:30 p.m. – 3:45 p.m.</td>
<td>Break</td>
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<tr>
<td>3:45 p.m. – 4:30 p.m.</td>
<td>Breakout Session A: Infection Prevention: Staying Healthy In &amp; Out of the Dialysis Facility</td>
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<td>Breakout Session B: Choosing and Changing Renal Replacement Therapies - Peer Mentorship <em>(Featured PCOR Track)</em></td>
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<td>Breakout Session C: Emergency Management &amp; Kidney Disease: Manmade and Natural Disasters</td>
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<tr>
<td>4:30 p.m. – 6:30 p.m.</td>
<td>Exhibit Hall Open/Welcome Reception</td>
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<td>Time</td>
<td>Event</td>
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<tr>
<td><strong>SATURDAY, SEPTEMBER 7</strong></td>
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<tr>
<td>7:00 a.m. – 4:00 p.m.</td>
<td>Registration</td>
</tr>
<tr>
<td>7:00 a.m. – 9:00 a.m.</td>
<td>Exhibit Hall Open/Continental Breakfast</td>
</tr>
<tr>
<td>9:00 a.m. – 10:00 a.m.</td>
<td>General Session: Under the U.S. Capitol Dome</td>
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<tr>
<td>10:00 a.m. – 10:15 a.m.</td>
<td>Break</td>
</tr>
</tbody>
</table>
| 10:15 a.m. – 11:00 a.m. | Breakout Session A: Raise Your Voice: The Power of Social Media and Grassroots Tactics  
Breakout Session B: AAKP Pediatric Kidney Pals: Caring for Young Patients  
Breakout Session C: Industry Sponsored Session |
| 11:00 a.m. – 11:15 a.m. | Break                                                                |
| 11:15 a.m. – 12:00 p.m. | Breakout Session A: AAKP Going Global: Ambassador Initiatives  
Breakout Session B: Plant-based Nutrition and Kidney Disease  
Breakout Session C: Industry Sponsored Session |
| 12:00 p.m. – 12:15 p.m. | Break                                                                |
| 12:15 p.m. – 1:15 p.m. | Lunch with the Experts *(see list of table topics on page 11)*        |
| 1:15 p.m. – 1:30 p.m. | Break                                                                |
| 1:30 p.m. – 2:15 p.m. | Breakout Session A: The Importance of Dental Health for Kidney Patients  
Breakout Session B: Understanding Genetic Conditions in Kidney Disease  
Breakout Session C: Industry Sponsored Session |
| 2:15 p.m. – 2:30 p.m. | Break                                                                |
| 2:30 p.m. – 3:15 p.m. | Breakout Session A: Understanding Phosphate Management in Kidney Disease: The HiLo Study  
Breakout Session B: Building a Local Support Group & Network  
Breakout Session C: Industry Sponsored Session |
| 3:30 p.m. – 5:30 p.m. | Exhibit Hall Open                                                     |
| 6:00 p.m. – 9:00 p.m. | AAKP Annual Awards Banquet *(dinner served, entertainment)*          |
| **SUNDAY, SEPTEMBER 8** |
| 7:30 a.m. – 12:00 p.m. | Registration                                                          |
| 7:30 a.m. – 9:00 a.m. | Exhibit Hall Open/Continental Breakfast                               |
| 9:15 a.m. – 10:15 a.m. | General Session: Patient-Centered Research: Shaping the Future of Your Care *(Featured PCOR Track)* |
| 10:15 a.m. – 11:15 a.m. | General Session: AAKP Action Alert 2020                               |
| 11:15 a.m. – 11:30 p.m. | Closing Remarks                                                       |
**MEETING PACKAGE**
The Meeting package includes entrance into the exhibit hall, educational sessions, an attendee tote-bag, souvenir items, and all social events including: three breakfasts, two lunches, afternoon breaks and one dinner. *On-site registrations are subject to a $25 late fee. AAKP cannot guarantee attendee materials to individuals registering on-site.*

AAKP is pleased to offer discounts for **AAKP Life Members**. Please see registration costs below. Register online at [www.aakp.org/national-patient-meeting](http://www.aakp.org/national-patient-meeting) or contact (800) 749-2257, Option 7, Ext. 2 or 5, with any questions or to register over the phone.

**COST**

**Patient/Family Members**
- General registration............................................. $150
- AAKP Life Member* registration............................ $99

**Healthcare Professionals (includes physicians, social workers, nurses, dietitians, etc.):**
- General registration............................................. $250
- AAKP Life Member* registration............................ $99

*Life Members are individuals who have paid $1,000 toward their Life Membership. If you have questions regarding your membership status, please contact AAKP.*

**LUNCH WITH THE EXPERTS**
*Lunch with the Experts is included in all registrations! Lunch sessions are available Friday and Saturday. On the second page of the registration form, please select your top three lunch table choices. *Table assignments are handled on a first-come, first-reserved basis.*

**HELP SUPPORT THE AAKP!**
By making an additional contribution to AAKP, your name is listed in the program book as a supporter of the AAKP National Meeting.
# American Association of Kidney Patients Registration Form

## Registrant 1:
- **Name**: _______________________________________________________
- **Address**: _______________________________________________________
- **City, State**: ___________________________ **Zip**: ________________
- **Phone**: _______________________________________________________
- **Cell Phone**: ___________________________________________________
- **E-mail**: _______________________________________________________

- **Are you a first-time attendee?**  Yes  No

- **Please share your race/ethnicity:**
  - African-American
  - American Indian or Alaskan Native
  - Asian
  - Hispanic or Latino
  - Native Hawaiian or other Pacific Islander
  - White
  - Other

- **Please select what best describes you:**
  - CKD/Non-dialysis Patient
  - In-Center Dialysis Patient
  - Home Hemodialysis Patient
  - Peritoneal Dialysis Patient
  - Transplant Recipient
  - Living Organ Donor
  - Family Member/Friend/Caregiver
  - Healthcare Professional

- **Will you require in-center dialysis during the meeting?**  Yes  No

- **Will you be shipping Home Hemodialysis or Peritoneal Dialysis supplies to the hotel?**  Yes  No

## Registrant 2:
- **Name**: _______________________________________________________
- **Address**: _______________________________________________________
- **City, State**: ___________________________ **Zip**: ________________
- **Phone**: _______________________________________________________
- **Cell Phone**: ___________________________________________________
- **E-mail**: _______________________________________________________

- **Are you a first-time attendee?**  Yes  No

- **Please share your race/ethnicity:**
  - African-American
  - American Indian or Alaskan Native
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- **Will you require in-center dialysis during the meeting?**  Yes  No

- **Will you be shipping Home Hemodialysis or Peritoneal Dialysis supplies to the hotel?**  Yes  No

## Meeting Package Registration

**Best Value**

(Includes entrance into the exhibit hall, educational sessions, an attendee tote-bag, souvenir item, and all social events including: three breakfasts, two lunches, afternoon breaks and one dinner)

<table>
<thead>
<tr>
<th><strong>Cost:</strong></th>
<th><strong>Description</strong></th>
<th><strong>General registration</strong></th>
<th><strong>AAKP Life Member registration</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Patient/Living Donor/Family Members</td>
<td>$150</td>
<td>$99</td>
<td></td>
</tr>
<tr>
<td>Healthcare Professionals (includes physicians, social workers, nurses, dietitians, etc.)</td>
<td>$250</td>
<td>$99</td>
<td></td>
</tr>
</tbody>
</table>

- **Total Meeting Pkg Fees:_______**

## One-Day Registration

*Only check if you are **NOT** registering for the full package. One Day Registration includes only the activities occurring on registered day.*

<table>
<thead>
<tr>
<th><strong>Cost:</strong></th>
<th><strong>Description</strong></th>
<th><strong>Number of people</strong></th>
<th><strong>Rate per day</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Patient/Living Donor/Family Members</td>
<td>$75</td>
<td>____ person(s)</td>
<td>____ per day</td>
</tr>
<tr>
<td>Healthcare Professionals</td>
<td>$125</td>
<td>____ person(s)</td>
<td>____ per day</td>
</tr>
</tbody>
</table>

- **Please indicate which date(s) you will be attending:**
  - Friday, Sept. 6
  - Saturday, Sept. 7
  - Sunday, Sept. 8

- **Total One-Day Registration Fees:_______**
HELP SUPPORT THE AAKP
(As a supporter, your name will be listed in the Program Book)
Donation amount
Please use the lines at right to print the name(s) as you would like them to appear.

<table>
<thead>
<tr>
<th>TOTAL REGISTRATION FEES</th>
<th>Total Fees: ______________________</th>
</tr>
</thead>
<tbody>
<tr>
<td>Payment:</td>
<td>check (payable to AAKP)</td>
</tr>
<tr>
<td>Account #:</td>
<td>________________</td>
</tr>
<tr>
<td>Name as it appears on the card:</td>
<td>______________________</td>
</tr>
</tbody>
</table>

LUNCH WITH THE EXPERTS REGISTRATION FORM

*Lunch with the Experts* is included in all registrations. Please select your top three table topics from the list on the next page. Please list your table choices in order of preference - “Preference 1” being your first choice.

Each lunch table accommodates only nine individuals. Tables are assigned on a first-come, first-reserved basis. We will try our best to fulfill your top table request, but cannot make your reservation without a completed registration form and payment. If your selections are no longer available, an AAKP staff member will assist you in selecting an alternative table.

**REGISTRANT NAME**

**FRIDAY SELECTIONS**
Select topics 1 - 25 from list on next page.

RegInvestant 1:

______________________________
(print first name)

______________________________
(print last name)

PreInvestence 1: ______________________

PreInvestence 2: ______________________

PreInvestence 3: ______________________

RegInvestant 2:

______________________________
(print first name)

______________________________
(print last name)

PreInvestence 1: ______________________

PreInvestence 2: ______________________

PreInvestence 3: ______________________

**SATURDAY SELECTIONS**
Select topics 1 - 25 from list on next page.

PreInvestence 1: ______________________

PreInvestence 2: ______________________

PreInvestence 3: ______________________

PreInvestence 1: ______________________

PreInvestence 2: ______________________

PreInvestence 3: ______________________

**Please mail completed form and payment to AAKP or fax to (813) 636-8122, Attn: National Meeting Registration, 14440 Bruce B. Downs Blvd., Tampa, FL 33613**
LUNCH WITH THE EXPERTS: FRIDAY, SEPT. 6

1. The Kidney Project: Artificial Implantable Kidney
2. Overcoming Barriers to Transplantation
3. Transplant Before Dialysis: Is It Possible?
4. Building an Active Kidney Community in Your Area
5. Communicating with Your Healthcare Team: How to Be Your Own Best Advocate
6. Your New Normal: Life After Transplant
7. Lunch with AAKP President
8. Advocating and Caring for Young Patients
9. AAKP Veterans Health Initiative: What Resources are Available to Veterans?
10. Cooking Kidney-Friendly
11. Avoiding Caregiver Burnout: Taking Time to Take Care of Yourself
13. Healthy and Creative Ways to Cope with a Chronic Illness
14. Simple Ways to Stay Active with Kidney Disease
15. Is Home Dialysis Right for Me?
16. Is a Plant-based Diet Right for Me?
17. Living with a Rare Disease or Condition
18. Building Relationships with Elected Officials
19. Patient-Centered Research: Making Your Voice Heard (Featured PCOR Track)
20. What Does it Mean to be Involved in a Clinical Trial?
21. How to Find a Living Donor: Sharing Your Story
22. The Kidney Precision Medicine Project: Creating a Kidney Atlas
23. Tips for Returning to Work After a Kidney Transplant
25. The Hidden P’s: Managing Phosphorus and Potassium

LUNCH WITH THE EXPERTS: SATURDAY, SEPT. 7

1. Dialysis Machines: When Should You Be Alarmed By Alarms?
2. Simple Diet Changes that Can Help You Slow the Progression of Kidney Disease
3. Understanding Your Lab Values
4. Maintaining Employment and Kidney Disease
5. The Importance of Patient-Centered Research (Featured PCOR Track)
6. What To Do When You Have a Grievance with Your Dialysis Facility
7. Simple Ways to Stay Active with Kidney Disease
8. Building Relationships with Elected Officials
10. Understanding the Organ Donation Allocation Process
11. Fight the Fatigue: Managing Anemia
12. The Importance of Managing Diabetes
13. The Importance of Managing High Blood Pressure
14. Understanding and Managing Gout
15. Transitioning from In-center Hemodialysis to Home Dialysis
16. Understanding the Food Nutrition Facts Label
17. Dining Out with Kidney Disease
18. Managing My Medications
19. Being an Effective Advocate for Your Loved Ones (For Caregivers)
20. Taking Care of Yourself While Taking Care of Your Loved One
21. Understanding Access Options: Catheter, Graft, Fistula
22. Tips for Cooking Kidney-Friendly
23. Genetics and Kidney Disease: What You Need to Know
24. Dental Health and Kidney Disease
25. Understanding Palliative Care Options
We look forward to seeing you in Washington, D.C.!

www.AAKP.org | Follow us on Facebook (www.facebook.com/kidneypatient) and Twitter (www.twitter.com/KidneyPatients)