

AAKP National Patient Meeting: *Driving Innovation & Changing the Status Quo*
September 6-8, 2019 * Washington, D.C.
Celebrating 50 Years of Patient Engagement & Advocacy

Friday, September 6

Time	Title
7:00 a.m. - 4:00 p.m.	Registration
7:00 a.m. - 8:30 a.m.	Exhibit Hall Open/Continental Breakfast
8:30 a.m. - 8:45 a.m.	Convention Welcome
8:45 a.m. - 9:15 a.m.	General Session: Changing the National Landscape of Kidney Care
9:15 a.m. - 10:15 a.m.	General Session: Patient Engagement & Federal Cabinet Agencies - Opportunities to Serve Your Fellow Patients
10:15 a.m. - 11:15 a.m.	General Session: Trending Today: Technology and Developments that Impact Your Care
11:15 a.m. - 12:15 p.m.	General Session: Advancements in Kidney Care: What the Future Holds
12:15 p.m. - 12:30 p.m.	Break
12:30 p.m. - 1:30 p.m.	Lunch with the Experts (<i>see list of table topics below</i>)
1:30 p.m. - 1:45 p.m.	Break
1:45 p.m. - 2:30 p.m.	Breakout Session A: Advancements in Diabetes Management
	Breakout Session B: Transplant First: Understanding Pre-emptive Transplantation
	Breakout Session C: The Connection between Heart Disease and Kidney Disease
2:30 p.m. - 2:45 p.m.	Break
2:45 p.m. - 3:30 p.m.	Breakout Session A: An Update on Hypertension Management
	Breakout Session B: KidneyWorks: Employment Options and Programs
	Breakout Session C: Understanding Acute Kidney Injury and Possible Long-term Effects
3:30 p.m. - 3:45 p.m.	Break
3:45 p.m. - 4:30 p.m.	Breakout Session A: Infection Prevention: Staying Healthy In & Out of the Dialysis Facility
	Breakout Session B: Choosing and Changing Renal Replacement Therapies - Peer Mentorship (<i>Featured PCOR Track</i>)
	Breakout Session C: Emergency Management & Kidney Disease: Manmade and Natural Disasters
4:30 p.m. - 6:30 p.m.	Exhibit Hall Open/Welcome Reception

Saturday, September 7

Time	Title
7:00 a.m. - 4:00 p.m.	Registration
7:00 a.m. - 9:00 a.m.	Exhibit Hall Open/Continental Breakfast
9:00 a.m. - 10:00 a.m.	General Session: Under the U.S. Capitol Dome
10:00 a.m. - 10:15 a.m.	Break
10:15 a.m. - 11:00 a.m.	Breakout Session A: Raise Your Voice: The Power of Social Media and Grassroots Tactics
	Breakout Session B: AAKP Pediatric Kidney Pals: Caring for Young Patients
	Breakout Session C: <i>Industry Sponsored Session</i>
11:00 a.m. - 11:15 a.m.	Break
11:15 a.m. - 12:00 p.m.	Breakout Session A: AAKP Going Global: Ambassador Initiatives
	Breakout Session B: Plant-based Nutrition and Kidney Disease
	Breakout Session C: <i>Industry Sponsored Session</i>
12:00 p.m. - 12:15 p.m.	Break
12:15 p.m. - 1:15 p.m.	Lunch with the Experts (<i>see list of table topics below</i>)
1:15 p.m. - 1:30 p.m.	Break
1:30 p.m. - 2:15 p.m.	Breakout Session A: The Importance of Dental Health for Kidney Patients
	Breakout Session B: Understanding Genetic Conditions in Kidney Disease
	Breakout Session C: <i>Industry Sponsored Session</i>
2:15 p.m. - 2:30 p.m.	Break
2:30 p.m. - 3:15 p.m.	Breakout Session A: Understanding Phosphate Management in Kidney Disease: The HiLo Study
	Breakout Session B: Building a Local Support Group & Network
	Breakout Session C: <i>Industry Sponsored Session</i>
3:30 p.m. - 5:30 p.m.	Exhibit Hall Open
6:00 p.m. - 9:00 p.m.	Annual Awards Banquet (dinner served, entertainment)

Sunday, September 8

Time	Title
7:30 a.m. - 12:00 p.m.	Registration
7:30 a.m. - 9:00 a.m.	Exhibit Hall Open/Continental Breakfast
9:15 a.m. - 10:15 a.m.	General Session: Patient-Centered Research: Shaping the Future of Your Care (<i>Featured PCOR Track</i>)
10:15 a.m. - 11:15 a.m.	General Session: AAKP Action Alert 2020
11:15 a.m. - 11:30 a.m.	Closing Remarks

****Agenda may be subject to change***

Table #	Friday, September 6 Lunch with the Expert Table Topics
1	The Kidney Project: Artificial Implantable Kidney
2	Overcoming Barriers to Transplantation
3	Transplant Before Dialysis: Is It Possible?
4	Building an Active Kidney Community in Your Area
5	Communicating with Your Healthcare Team: How to Be Your Own Best Advocate
6	Your New Normal: Life After Transplant
7	Lunch with AAKP President
8	Advocating & Caring for Young Patients
9	AAKP Veterans Health Initiative - What Resources are Available for Veterans?
10	Cooking Kidney-Friendly
11	Avoiding Caregiver Burnout: Taking Time to Take Care of Yourself
12	Balancing It All: Family, Work, and Kidney Disease
13	Healthy and Creative Ways to Cope with a Chronic Illness
14	Simple Ways to Stay Active with Kidney Disease
15	Is Home Dialysis Right for Me?
16	Is a Plant-based Diet Right for Me?
17	Living with a Rare Disease or Condition
18	Building Relationships with Elected Officials
19	Patient-Centered Research: Making Your Voice Heard (<i>Featured PCOR Track</i>)
20	What Does it Mean to Be Involved in a Clinical Trial?
21	How to Find a Living Donor: Sharing Your Story

22	The Kidney Precision Medicine Project: Creating a Kidney Atlas
23	Tips for Returning to Work After a Kidney Transplant
24	Safety First: Infection Prevention In & Out of the Dialysis Facility
25	The Hidden P's: Managing Phosphorus and Potassium

Table #	Saturday, September 7 Lunch with the Expert Table Topics
1	Dialysis Machines: When Should You Be Alarmed By Alarms?
2	Simple Diet Changes that Can Help You Slow the Progression of Kidney Disease
3	Understanding Your Lab Values
4	Maintaining Employment and Kidney Disease
5	The Importance of Patient-Centered Research (<i>Featured PCOR Track</i>)
6	What to Do When You Have a Grievance with Your Dialysis Facility
7	Simple Ways to Stay Active with Kidney Disease
8	Building Relationships with Elected Officials
9	Financial & Insurance Resources for Kidney Patients
10	Understanding the Organ Donation Allocation Process
11	Fight the Fatigue: Managing Anemia
12	The Importance of Managing Diabetes
13	The Importance of Managing High Blood Pressure
14	Understanding and Managing Gout
15	Transitioning from In-center Hemodialysis to Home Dialysis
16	Understanding the Food Nutrition Facts Label
17	Dining Out with Kidney Disease
18	Managing My Medications
19	Being an Effective Advocate for Your Loved One (<i>For Caregivers</i>)
20	Taking Care of Yourself While Taking Care of Your Loved One
21	Understanding Access Options: Catheter, Graft, Fistula
22	Tips for Cooking Kidney-Friendly
23	Genetics and Kidney Disease: What You Need to Know
24	Dental Health and Kidney Disease
25	Understanding Palliative Care Options