

# *You're invited to join* **AAKP's Mentor Program!**

*Become a Mentor and help  
make a difference in the  
Kidney Community!*

The American Association of Kidney Patients (AAKP), in partnership with Kaiser Permanente Georgia and Emory University, is looking for motivated and excited patients to help others navigate their journey with kidney disease.

## **What will AAKP Mentors do?**

- Help fellow patients understand and navigate the complexities of living with kidney disease.
  - Receive training on becoming a peer mentor, including information on kidney disease modality choices and coping skills
  - Have the opportunity to take part in a 1.5-year program, including a 6-month peer mentorship component!

## **You may be eligible to become an AAKP Mentor if:**

- You are 18 years of age or older
- Live in/around the Atlanta area or have an interest in telecommunicating with mentees
- Have a history of either dialysis or received a kidney transplant



## **If you agree to participate**

*Kaiser Permanente GA,  
Emory University, and AAKP will:*

- Provide training and educational materials for you to share with others
- Compensate you for your time and travel at a maximum of \$250/year (up to two years for a total of \$500)

*Learn more and sign-up for  
this program!*

**[ambassador@aakp.org](mailto:ambassador@aakp.org)**

**813-400-2393**

**<http://bit.ly/AAKPmentor>**



**EMORY**  
UNIVERSITY



# **AAKP Mentorship Program**

## **Will you answer the call?**

### **Mentors should possess the following qualities:**

- An ability to listen and respect to others' opinions and perspectives
- Desire and drive to help individuals with chronic kidney disease (CKD) better themselves and improve their healthcare outcomes
- Have experience on dialysis and/or kidney transplantation (various modalities, including in-center hemodialysis, home hemodialysis, peritoneal dialysis and nocturnal dialysis)
- Strong verbal and written communication skills
- The capacity to lead and inspire others
- Ability to commit to the project timeframe of two-years
- Ability to commit time needed to engage with the 5-7 matched mentees
- Organizational skills to maintain and track activity reports of the 5-7 matched mentees
- Access to a mode of transportation for any local, in-person meetings/activities
- Access to a smart device and/or Internet

### **Time commitment:**

- One year, including:
  - 8 (eight) hours of training, comprising 5 (five) weekly 90-minute webinars
  - Up to 1.5 years, including a 6-month period of mentorship with your paired mentees
  - Program follow-up and close-out (reporting, etc.)
- Ongoing mentorship beyond the PCORI program, as mutually decided by all parties
- Mentors will be matched with 5-7 mentees each.