



# Support Groups in California

Below is a list of Renal Support Groups in the state of California.  
Scroll by city. If you find any of these to be incorrect, please notify AAKP at  
[dpelaez@aakp.org](mailto:dpelaez@aakp.org).

## Glendale

<p><b>Location/Address:</b> Studio Hope 621 E. Glenoaks Blvd; Ste. B Glendale, CA 91207</p>	<p><b>Group Details:</b> Meets the 4<sup>th</sup> Sunday of the month, from 2:30 – 4:00 pm in English</p> <p>Open to all kidney disease patients and their families.</p> <p>Snack and refreshments will be served.</p> <p>Free parking.</p>	<p><b>Contact:</b> Mica Spalding Phone: (310) 476-6462 Email: <a href="mailto:Info@RSNhope.org">Info@RSNhope.org</a></p>
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## Lake Forest

<p><b>Location/Address:</b> Saddleback Church Peace Center Building; One Purpose Drive Lake Forest, CA 92630</p> <p>Call Helen Mills for directions.</p>	<p><b>Group Details:</b> Meets the 2<sup>nd</sup> Saturday of the month at 1:00 pm and the 4<sup>th</sup> Monday of the month at 11:00 am; in <b>English</b> only.</p> <p>Open to all pre-dialysis, hemodialysis, peritoneal dialysis, pre-transplant, and transplant patients, family, friends, and others.</p> <p>Free parking.</p>	<p><b>Contact:</b> Helen Mills Phone: (949) 412-3210 Email: <a href="mailto:sparkymiss@cox.net">sparkymiss@cox.net</a></p>
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## Loma Linda

<b>Location/Address:</b> Loma Linda University Transplant Institute (Conference Room) 25865 Barton Road; #101 Loma Linda, CA 92354	<b>Group Details:</b> Meets the 2 <sup>nd</sup> Tuesday of the month in <b>English</b> from 1:30 – 3:00 pm and the 2 <sup>nd</sup> Friday of the month in <b>Spanish</b> from 12:30-2:00 pm.  Open to all kidney disease, pre-transplant and transplant patients, family, and friends.  Free parking.	<b>Contact:</b> Dragana Gajic, LCSW (909) 558-3636 Ext. 36810  Ernesto Castro, LCSW (909) 558-3636 Ext. 36789 (Spanish)
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## Modesto

<b>Location/Address:</b> Sutter health Memorial Health Education and Conference Center 1700 McHenry Ave, Suite 60B, Modesto, CA 95350	<b>Group Details:</b> T.A.L.K.S.- Kidney Support Group meets the 2 <sup>nd</sup> Wednesday every month at 2pm; however, please call Ray as times and dates are subject to change.	<b>Contact:</b> Ray Paulino Phone: (209) 568-2539 Email: <a href="mailto:Raytalks43@yahoo.com">Raytalks43@yahoo.com</a>
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## Menlo Park

<b>Location/Address:</b> Call or email for meeting locations Mailing: PO Box 2332 Menlo Park, CA 94025	<b>Group Details:</b> Bay Area Association of Kidney Patients meets at various time call or email or for information	<b>Contact:</b> Linda Umbach Phone: (650)323-2225 Email: <a href="mailto:info@baakp.org">info@baakp.org</a>
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## Oakland

<b>Location/Address:</b> 1601 Ygnacio Valley Road, Walnut Creek, CA. (3 <sup>rd</sup> Sunday of the month group)  John Muir Medical Center Epstein Room	<b>Group Details:</b> The CA Kidney Connection Support group meets at the following time: Third Sunday of the month, 1:00 – 3:00pm	<b>Contact:</b> Debra Elmore Phone: (925) 787-3577 Email: <a href="mailto:eb_kidneygroup@yahoo.com">eb_kidneygroup@yahoo.com</a>
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## Palo Alto

<b>Location/Address:</b> Please contact BAAKP for Support Group meeting location	<b>Group Details:</b> The Bay Area Association of Kidney patients (BAAKP) meets one Sunday a month in either Palo Alto or Oakland at 1pm	<b>Contact:</b> Phone: (650) 323-2225 Website: <a href="http://www.baakp.org/events">www.baakp.org/events</a>
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## Panorama City

<b>Location/Address:</b> Kaiser Permanente (in front of Building 3) 13640 Roscoe Blvd Panorama City, CA 91402 (Executive Dining Room)	<b>Group Details:</b> Meets the 3 <sup>rd</sup> Saturday of the month from 2:00-5:00 pm in English and Spanish.  Open to all kidney disease patients and their family members.  Lunch provided.  Free parking.	<b>Contact:</b> Kidney's Quest Foundation Phone: (818) 521-6348
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## Panorama City

<b>Location/Address:</b> 12481 West Fielding Circle Playa Vista, CA 90094	<b>Group Details:</b> Meets the 2 <sup>nd</sup> Sunday of the month from 11:00 am – 1:00 pm  Open to all kidney disease patients, friends, and family  Refreshments will be served  Free parking is available at the rear of the building	<b>Contact:</b> Linda (310) 490-3094 John (323) 655-5452 Email: <a href="mailto:kidneysupport@live.com">kidneysupport@live.com</a>
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## Riverside

<b>Location/Address:</b> Kaiser Foundation Hospital Medical Center 10800 Magnolia Avenue CAPD 118 Riverside, CA 92505	<b>Group Details:</b> Meets the 2 <sup>nd</sup> Friday of the month from 10:00 am – 12:00 pm; in English only  Education and Support  Pre- ESRD, dialysis and peritoneal dialysis patients, family, and friends are welcome.  Free parking.	<b>Contact:</b> Jessica Garcia, LCSW Phone: (951) 353-4641 Email: <a href="mailto:Jessica.s2.garcia@kp.org">Jessica.s2.garcia@kp.org</a>
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## Sacramento

<b>Location/Address:</b> Courtyard by Marriott 4422 Y Street Sacramento, CA 95817	<b>Group Details:</b> The UC Davis Medical Center Renal Transplant Support Group meets the 3 <sup>rd</sup> Wednesday of each month at 7pm	<b>Contact:</b> Cathy Burke Phone: (916) 734-5094
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## San Diego

<p><b>Location/Address:</b> 7910 Frost St Suite 230 San Diego, CA 92123</p>	<p><b>Group Details:</b> The Focus on Transplant Class for pre- and post-transplant patients is every other month please call Cathy for dates</p>	<p><b>Contact:</b> Cathy Shappell Phone: (858) 650-5018</p>
<p><b>Location/Address:</b> Scripps Green Hospital – Amphitheater 10666 N Torrey Pines Road 2<sup>nd</sup> Floor La Jolla, CA 92037</p>	<p><b>Group Details:</b> Scripps Speaker and Support Group for kidney disease and kidney transplant.</p> <p>Meets the first Wednesday of each month. -Speaker at 6pm -Support Group for kidney patients and families from 7-8pm</p> <p>Open to the public with FREE parking.</p> <p>We no longer have the Caregiver Support Group.</p>	<p><b>Contact:</b> Wendy Heit, MSW Phone: (858) 554-4310</p>

## San Fernando Valley

<p><b>Location/Address:</b> Kaiser-In front of Building 3; Executive Dining Room 13640 Roscoe Blvd, Panorama City, CA 91402</p>	<p><b>Group Details:</b> The Kidney Quest Foundation Education and Support Group meets the 3<sup>rd</sup> Saturday of every month at 2pm.</p>	<p><b>Contact:</b> Carolyn Urquidez Phone: (818) 521-6348 Email: <a href="mailto:kqfoundation@gmail.com">kqfoundation@gmail.com</a></p>
<p><b>Location/Address:</b> Kidneys Quest Foundation 804 Pico Street San Fernando, CA 91340</p>	<p><b>Group Details:</b> Meets the 3<sup>rd</sup> Wednesday of the month from 12:00 - 2:00pm</p> <p>Open to all kidney disease patients and their family members in English and Spanish.</p> <p>Healthy snacks provided and Free Parking.</p>	<p><b>Contact:</b> Carolyn Urquidez Phone: (818) 521-6348 Email: <a href="mailto:kqfoundation@gmail.com">kqfoundation@gmail.com</a></p>

## Santa Clarita

<p><b>Location/Address:</b> Kidneys Quest Foundation Kaiser Permanente 27107 Tourney Road Santa Clarita, CA 91355</p> <p>Medical Office Building</p> <p>2<sup>nd</sup> Floor – Conference Room 1 &amp; 2</p>	<p><b>Group Details:</b> Meets the 4<sup>th</sup> Saturday of the month from 2:00 – 5:00 pm in <b>English and Spanish</b></p> <p>Open to all kidney disease and kidney transplant patients, their family members and friends.</p> <p>Free parking.</p>	<p><b>Contact:</b> Carolyn Urquidez Phone: (818) 521-6348 Email: <a href="mailto:kqfoundation@gmail.com">kqfoundation@gmail.com</a></p>
<p><b>Location/Address:</b> Kidneys Quest Foundation KQF Resource Office 23340 Cinema Drive; Suite 5 Santa Clarita, CA 91355</p>	<p><b>Group Details:</b> Meets the 3<sup>rd</sup> Saturday of the month from 3:30 – 5:30 pm in <b>English and Spanish</b></p> <p>Open to all kidney disease and transplant patients, their family members and friends.</p> <p>Free parking.</p>	<p><b>Contact:</b> Carolyn Urquidez Phone: (818) 521-6348 Email: <a href="mailto:kqfoundation@gmail.com">kqfoundation@gmail.com</a></p>

## Santa Rosa

<p><b>Location/Address:</b> Kaiser Santa Rosa 401 Bicentennial Way Medical Office Building (2) Santa Rosa, CA 95403</p> <p>3<sup>rd</sup> Floor, Conference Room E-5</p>	<p><b>Group Details:</b> Sonoma County Kidney Support Group meets the 1<sup>st</sup> Thursday of each month from 6:00 – 7:30 pm.</p> <p>Open to both Kaiser members and non-Kaiser members. Patients are encouraged to bring their support people as well.</p>	<p><b>Contact:</b> Michael Beery Phone: (707) 393-4301 or (707) 393-4624</p>
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## Visalia

<b>Location/Address:</b> Kaweah Delta Dialysis Facility 5040 West Tulare Street Visalia, CA 93277	<b>Group Details:</b> Meets the 2 <sup>nd</sup> Wednesday of the month from 7:00 – 8:30 pm <b>English and Spanish</b>  Call before coming.  Open to all kidney disease patients, family, and friends.  Free parking.	<b>Contact:</b> Maria Grijalva Phone: (559) 688-6804
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Updated 2/5/2020 by T Falber.