2023 Highlights: A Look Back At The Year’s Accomplishments
Founded in 1969, AAKP is the largest independent, patient-led kidney patient organization in the U.S. AAKP is leading the way nationally and internationally through AAKP Global™ in elevating the patient VOICE, defending patient CHOICE, and disrupting status quo kidney care!

Growing Strategic Impact

AAKP continues to drive change! Decade of the Kidney™
AAKP unveiled the Decade of the Kidney™ to unite advocates worldwide behind greater care choice and innovation including artificial wearable and implantable kidneys and xenotransplantation. To date, strategic partnerships with five international kidney patient organizations have been announced, the European Parliament formally adopted this initiative during their 2022 Kidney Forum, and the World Health Organization, with AAKP aid, launched its new global framework on kidney disease! www.decadeofthekidney.org

Veterans Health Initiative
AAKP and the U.S. Department of Veterans Affairs announced their new partnership, facilitated under the Veterans Health Administration, aimed at improving health outcomes and enhancing the overall quality of life for Veterans with kidney diseases. https://bit.ly/AAKPVHI

Changing America’s Dialogue on Kidney Issues

Government Determinants of Health (GDoH)
If federal agencies lose clear focus on the unmet needs of kidney patients, and either knowingly or inadvertently make decisions that jeopardize care choice and patient outcomes - that is a Government Determinant of Health (GDoH). This year, AAKP highlighted GDOH impacts on new transplant drug development at FDA; disruptions in patient access to surveillance blood tests for transplant recipients at CMS, and the critical need for appropriate and timely reimbursement for new infection prevention drugs at CMS. In 2024, AAKP will expand its review of GDoH impacts across federal agencies - and call for greater transparency, more patient engagement and a greater commitment to true, patient-centered medicine in all federal decisions impacting kidney health!

AAKP KidneyVoter™ National Voter Registration Campaign
Since 2018, AAKP has managed the largest non-partisan voter registration drive in the kidney community. AAKP educates and activates patients to exercise their right to vote: https://bit.ly/AAKPVotes. AAKP is on track to register 500,000 voters in 2024 in all 50 states. #KidneyVoter #IAmAKidneyVoter

AAKP hosts Inaugural National Kidney Patient Advocacy Day
AAKP delivered an unprecedented Hill Day including more than 50 AAKP Board Members and Ambassadors – comprising chronic kidney disease (CKD) patients, dialysis patients, kidney transplant patients, care partners, and living organ donors – representing more than 30 states. Hill Day participants engaged in more than 120 meetings with Congressmen/Congresswomen, Senators, and Congressional staff to discuss vital matters impacting today’s kidney care. https://bit.ly/AAKPTakeAction

AAKP Center Patient Engagement and Advocacy

Patient Voice Patient Choice™ Initiative
AAKP defines high-quality kidney care as timely patient access, without interference, to innovations that help prevent and treat diseases, and empower patients to remain healthy, independent, and better able to pursue their aspirations. Learn more at www.patientvoicepatientchoice.org, then visit the AAKP Action Center to raise YOUR voice https://bit.ly/AAKPACTIONCENTER

AAKP Ambassador Initiative Expanding

Please continue to support AAKP at https://www.aakp.org/giveyourway
(800) 749-AAKP  I  www.aakp.org  I  info@aakp.org  I  @kidneypatient  @kidneypatients
### AAKP CENTER FOR PATIENT RESEARCH AND EDUCATION

#### Signature Events

<table>
<thead>
<tr>
<th>Event</th>
<th>Description</th>
<th>Watch OnDemand</th>
<th>Checkout what was trending @</th>
</tr>
</thead>
</table>
| **5th Annual Global Summit on Kidney Disease Innovation** | The largest patient-led international summit on kidney disease research and innovation  
- 100 countries reached  
- 14 sessions  
| **6th Annual Policy Summit** | Only patient-led event focused on policy and legislative efforts designed to expand patient choice, remove artificial barriers to patient access, and accelerate innovation in kidney care.  
- 6 sessions  
- 20 patient expert, government, medical, and industry speakers  
- Guest speaker - The Honorable Larry Buchson, MD; Member, U.S. House of Representatives (IN); Co-Chair, U.S. Congressional Kidney Caucus | [https://bit.ly/PolicySummitSessions2023](https://bit.ly/PolicySummitSessions2023) | #AAKPSummit23 |
| **48th Annual National Patient Meeting** | Largest virtual gathering of kidney patients in the U.S.  
- 28 countries reached  
- 24 sessions  
| **5th Annual Fun Run** | Taking Steps to a Healthier Mind and Body  
- “Count your steps” challenge  
- Mind and Body OnDemand virtual sessions  

### Research

**Kidney Patients Impact Research & Development**

AAKP’s research capabilities have grown rapidly, the Association has a sophisticated database and expansive social media channels which allow AAKP to better connect and learn from its constituents. In turn, AAKP provides education to patients and caregivers on what it means to be involved in research initiatives as well as opportunities to get involved. From online surveys, interviews, focus groups, clinical trial awareness campaigns, and more – AAKP inserts patient insight and preferences into research to help inform innovation, advance care, and make a meaningful impact to improve lives – this means AAKP members are helping shape the future policies and discoveries that characterize kidney care!

### Education

**NEW AAKP Delicious! Kidney-Friendly Recipes**


**HealthLine Webinars**

AAKP hosted over a dozen educational and Innovator webinars! Attendee participation increased by over 15%!

---

Please continue to support AAKP at [https://www.aakp.org/giveyourway](https://www.aakp.org/giveyourway)  
(800) 749-AAKP | [www.aakp.org](http://www.aakp.org) | info@aakp.org | @kidneypatient @kidneypatients

---

**Soup Recipe**

**INGREDIENTS**

- 3 cups water
- 1/4 teaspoon ground black pepper
- 2 teaspoons ground cumin
- 1/4 cup cider vinegar
- 1/4 cup canola oil
- 2 cups onion, diced
- 4 cups of cauliflower, chopped
- 4 apples, peeled and quartered

**PREPARATION**

In a stock pot, heat the oil over medium heat. Cook the apples, onion, and cauliflower for 20 minutes. Remove from heat and keep warm or refrigerate if using later.

Add vinegar and spices, cook for an additional 5 minutes. Add apple slices, season with pepper and add chicken at the end of cooking time to warm through.

**SUGGESTIONS**

- Serve each bowl of soup topped with some chicken and topping:
  - 2/3 cup of chopped cilantro
  - Juice of 1 lime (1/2 teaspoon per serving)
  - 8 tablespoon sour cream (1 per serving)
  - 1 teaspoon ground black pepper
  - 1 apple, cored and sliced
  - 1 1/2 cup onion, sliced thin
  - 4 cups chicken breast, cooked and chopped
  - 1/4 cup olive oil

**Topping**

- 1 teaspoon ground black pepper
- 1 apple, cored and sliced
- 1 1/2 cup onion, sliced thin
- 4 cups chicken breast, cooked and chopped
- 1/4 cup olive oil